

Summer Skills for Entering Kindergarten Students

To help children learn essential life skills, we have compiled a list of things to work on daily during the summer.

These skills will help them in case of an emergency, to be independent and get ready for Kindergarten.

When your child has mastered each skill, fill in the checklist on the next page to track everything they have learned.

They will be so proud when they see how much they can do!

- 1. Walk in your neighborhood, find your street name, find your house/apartment number. Learn your address so that you can type your address in a map app and find it
- 2. Learn at least one phone number that will connect you to a grown up who cares for you e.g. mom, dad, grandparent.
- 3. Say your whole name- first, middle and last name, so that if you're asked "what's your name?", you can reply with your whole name.
- 4. Practice putting a sweater/t-shirt on over your head.
- 5. Practice fastening clothes you have a hard time fastening by yourself, especially snaps, buttons and zippers. Practice until you can do it.

- 6. Practice counting to 100.
- 7. Practice counting objects (buttons, lego bricks, beads, pasta shapes) to 30, one by one. Laying out the objects in rows of ten will help.
- 8. Put a straw through a juice box/pouch.
- 9. Use 2 hands to pinch the front and back of a snack packet and then pull to open. (pinch, pinch, pull method)
- 10. Practice saying 'please' when you ask for something, and 'thank you' when you receive something.
- 11. Identify left and right hand. Identify left and right foot. Follow directions to walk left and/or right.
- 12. Identify all the letters of the alphabet, out of order.
- 13. Identify letter sounds.
- 14. Write first and last name.

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Say my full address	
Say a grown up family member's phone number	
Say my whole name (first, middle, and last)	
Put a sweater over my head by myself	
Fasten buttons, zippers, & clasps, on my clothes, on my own	
Count to 100	
Count objects to 30 one at a time	
Put a straw in a juice box/pouch	
Open a snack bag by the 'pinch, pinch, pull' method	

Say 'please' and 'thank you' without a reminder				
Identify my left and right hands				
Identify letters of the alphabet				
Say the sounds of the letters				
Write my first and last name.				

Please give this checklist to your Kindergarten teacher when you return to school.